



## WISCONSIN COVER CROP RECIPE

MCCC-118

# Post Corn Silage, Going to Corn: Use Cereal Rye

*This publication is intended to provide a starting point for farmers who are new to growing cover crops. With experience, farmers may fine-tune the use of cover crops for their systems.*

### Introduction

The following recipe provides an introductory approach to integrating a cover crop after corn silage harvest and planting corn for grain or silage as the next crop.

### Planning and Preparation

- **Planning**—Read about cover crops. Go to field days. Start small. Be timely. Prioritize management based on purpose and objectives.
- **Corn hybrid and planting**—If possible, plant the preceding corn silage crop early and use a hybrid within the adapted maturity range for your location.
- **Residual corn herbicides**—Cereal rye can be planted in the fall and produce a successful stand following most spring-applied residual corn herbicides. If cereal rye is to be grazed or harvested for forage, there are some time-interval restrictions. (See Resources.)
- **Seed purchase**—Order cereal rye seed early, usually by early summer. Named rye varieties can produce substantially more growth and have predictable development, but they are usually more expensive than VNS (variety not stated) seed. Use good quality seed from a reputable seed dealer.

### Fall Work

- **Corn silage harvest**—Harvest fields where cereal rye is to be planted as early as possible.
- **Fall manure**—It generally works best to plant cover crops following manure application via injection or surface application and incorporation. Manure can also be injected with a low-disturbance applicator after the rye cover crop is at least 4 inches tall. Other application methods into or onto an established cereal rye may result in significant damage to the rye.
- **Tillage or no-tillage**—Generally, it is easier to integrate cover crops into no-till or strip-till systems. If tillage is necessary to incorporate manure or smooth the seedbed after corn silage harvest, it should take place prior to rye seeding.

- **Timing of planting**—Plant cereal rye as soon as possible after corn harvest and at least two weeks before the average hard frost date (28°F). If planting later than mid-October, consider increasing the seeding rate.
- **Seeding rate**—Seed at a rate of 40–60 lb./acre (assuming a germination rate of 85% or greater). Seeding rates should be increased by 20% if broadcasting and increased by 10% if broadcasting and incorporating. Also increase the rate if the rye will be harvested as a silage crop in the spring.
- **Planting method**—Drill to a depth of 0.75–1.50 inches or broadcast with shallow incorporation to less than 1.50 inches. Aerial or other broadcast seeding is an option for earlier establishment into standing corn with some risk. Harvest should be planned within two weeks of seeding. Overly wet or dry conditions after aerial seeding or presence of slugs will limit success.
- **Other fall operations**—Surface applying P, K, or lime before the ground freezes can be done without harming the cover crop too much if the soil is not too wet, although some damage may occur in the wheel tracks.

### Spring Work

- **Termination timing**—Terminate the cereal rye in the spring when plants are 6 to 12 inches tall and actively growing or at least 10 days before planting corn—whichever comes first. In a wet or windy spring, be ready to take advantage of any break in the weather and/or use low axle weight sprayers. Be familiar with the rules related to termination timing and crop insurance. (See *NRCS Cover Crop Termination Guidelines* in Resources.)
- **Termination herbicide**—Cereal rye can easily be terminated with a full rate of glyphosate (1 lb. acid equivalent/acre) after the rye begins growing in the spring. Effectiveness and rapidity of termination improves if rye is rapidly growing and air temperatures are warmer (> 60°F). Larger rye, rye past the boot stage, or rye sprayed during cooler weather can be more difficult to kill, may require higher glyphosate rates, or will die more slowly. Use best management practices for glyphosate to improve effectiveness.



Figure 1. This cereal rye cover crop was planted near Arlington, WI, after corn silage harvest and fall manure application. (Jaimie West)

- **High cereal rye biomass considerations**—If cereal rye biomass exceeds one-half ton/acre (dry matter), apply N toward the higher side of the application guidelines and apply at or before planting. If manure was applied in the fall prior to cover crop planting, cereal rye biomass in excess of 1 ton/acre (dry matter) may reduce or eliminate the amount of N available for the next corn crop. (See *Cover Crops, Manure, and Nitrogen Management* in Resources.) In this case, consider harvesting the cereal rye for silage or switching from corn to soybean.
- **Option to harvest cereal rye as a silage crop**—Some growers may be interested in harvesting cereal rye as an additional silage crop. Make sure all herbicide rules are followed. Also, this will typically delay the planting date for the next silage crop, but any fall-applied nutrients can be counted toward the cereal rye crop in nutrient management planning. (See *Planting Winter Rye after Corn Silage: Managing for Forage* in Resources.) Use a full burndown rate of glyphosate to completely terminate the rye regrowth after harvest. Termination must be done prior to emergence of the subsequent crop for crop insurance eligibility in Wisconsin.
- **Corn planting**—Proper planter adjustment and maintenance is critical to achieve success when planting into cover crop residue. Under most conditions, no-till planting of corn is the best management practice; modern no-till planter setups can handle planting into grass cover crop biomass. Row cleaner attachments can sometimes be beneficial to increase soil warming but may plug with cover crop residue if not set up properly. Check planting depth and seed furrow closure shortly after beginning to plant and make adjustments as needed.
- **Starter fertilizer**—Consider equipping your corn planter with a 2x2 starter fertilizer applicator and aim for a nitrogen rate of 30–50 lb./acre. Also consider moving up the timing of in-season N applications.

- **Scouting after planting**—Scout for corn emergence, population, and insect pests after planting. Additionally, scout for weeds because substantial rye residue may delay emergence of annual weeds, which may then delay the application of post-emergence herbicides.

## Resources

**Cover Crop Selector Tool**, <http://mccc.msu.edu/selector-tool/>—available from Midwest Cover Crops Council, [www.mccc.msu.edu](http://www.mccc.msu.edu)

**Cover Crops 101** (University of Wisconsin–Madison Extension publication A4176), <https://cdn.shopify.com/s/files/1/0145/8808/4272/files/A4176.pdf>

**Herbicide Rotational Restrictions for Cover and Forage Cropping Systems** (University of Wisconsin–Madison Nutrient and Pest Management publication), [https://ipcm.wisc.edu/download/pubsPM/2019\\_RotationalRestrictions\\_final.pdf](https://ipcm.wisc.edu/download/pubsPM/2019_RotationalRestrictions_final.pdf)

**NRCS Cover Crop Termination Guidelines** (version 4, June 2019)—available from the USDA–National Resources Conservation Service, [https://www.nrcs.usda.gov/wps/PA\\_NRCSConsumption/download?cid=nrcseprd1467638&ext=pdf](https://www.nrcs.usda.gov/wps/PA_NRCSConsumption/download?cid=nrcseprd1467638&ext=pdf)

**Cover Crops, Manure, and Nitrogen Management** (University of Wisconsin–Madison Extension publication A4178), <https://go.wisc.edu/dwx72w>

**Planting Winter Rye after Corn Silage: Managing for Forage** (University of Wisconsin–Madison Nutrient and Pest Management publication), [https://ipcm.wisc.edu/download/pubsNM/Rye\\_090507\\_final.pdf](https://ipcm.wisc.edu/download/pubsNM/Rye_090507_final.pdf)

**Termination of Winter Rye and Annual Ryegrass Using Glyphosate** (University of Wisconsin–Madison Nutrient and Pest Management publication), [https://ipcm.wisc.edu/download/pubsPM/AnnualRye\\_WinterRye\\_Glyphosate.pdf](https://ipcm.wisc.edu/download/pubsPM/AnnualRye_WinterRye_Glyphosate.pdf)

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The Midwest Cover Crops Council ([www.mccc.msu.edu](http://www.mccc.msu.edu)) aims to facilitate widespread adoption of cover crops throughout the Midwest by providing educational/outreach resources and programs, conducting new research, and communicating about cover crops to the public.

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# Planting Winter Rye after Corn Silage: Managing for Forage

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## Why Plant Rye?

Winter rye (*Secale cereale*) can be used as a cover crop after corn silage to protect against soil erosion, and in parts of Wisconsin is recommended by conservation planners. Properly managed, it has multiple uses and benefits beyond conservation, including forage production, nutrient management and weed suppression. It can also provide a hedge against weather related forage shortage caused by alfalfa winterkill or drought.

This publication focuses on using rye as an early-season forage crop. However, when rye is managed for optimum forage production, conservation and nutrient management benefits will also be achieved. Except where otherwise noted, the information presented is based on trials conducted at research stations at Arlington, Lancaster and Janesville, WI from 2004 to 2006.

## Forage Production

Rye, planted in the fall, can produce substantial dry matter (DM) yield the following spring, often without undue planting delay for the following crop. Rye harvested at boot stage typically produces DM yield in the 2 to 3 ton per acre range at quality levels acceptable for many animal production groups (Table 1).

Table 1: Rye forage yield, quality and nutrients removed by harvest.

	Average	Range
Yield (ton/acre)	2.37	1.34–3.88
RFQ	180	149–205
CP (%)	16.2	13.3–19.0
ADF (%)	27.6	24.6–31.4
NDF (%)	52.2	47.2–56.7
P (%)	0.39	0.29–0.48
K (%)	3.05	2.10–4.37
<b>Nutrient removal (lb/acre) dry matter basis, harvested at boot stage</b>		
N	121	69–178
P <sub>2</sub> O <sub>5</sub>	42	29–71
K <sub>2</sub> O	178	110–344



Rye field cut and windrowed on a Rock county farm.

## Factors Affecting Rye Forage Yield and Quality

**Planting:** Rye should be planted as soon after corn silage harvest as possible. In southern Wisconsin, rye planted in mid-to-late September produces higher forage yield, and tends to mature slightly earlier the next spring. However, yield potential does not significantly decline until about October 10 (Figure 1). Later planting results in less soil cover going into winter, thus reducing soil protection (Figure 2). However, rye grows rapidly in spring and acceptable forage yield can usually be achieved with later October planting.



Rye planted at different planting dates, Oct. 10 (left) and Sept. 20 (right). Photo taken the following April.

Figure 1.  
Effect of planting date on rye forage yield.

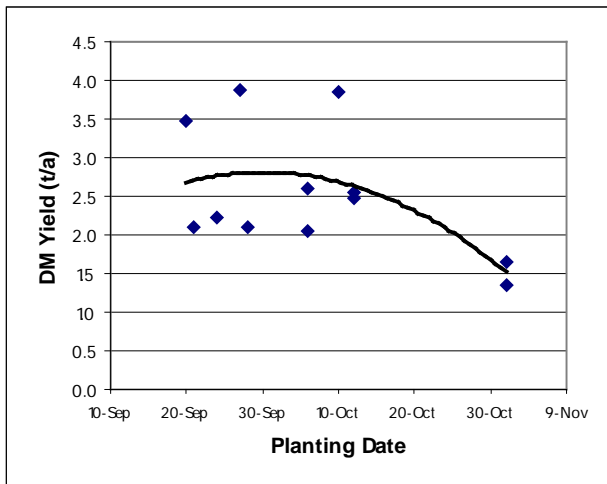
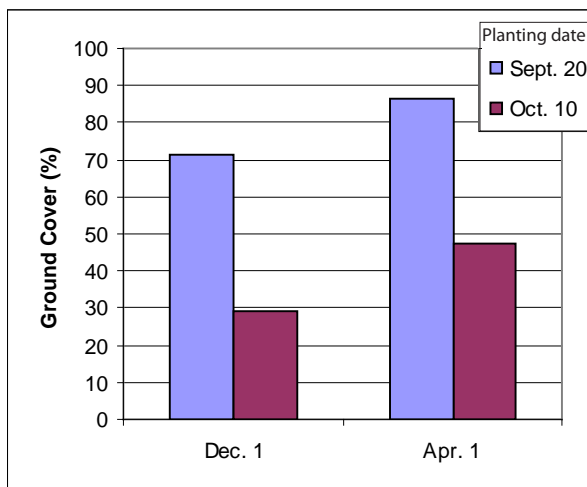


Figure 2.  
Effect of planting date on soil cover.



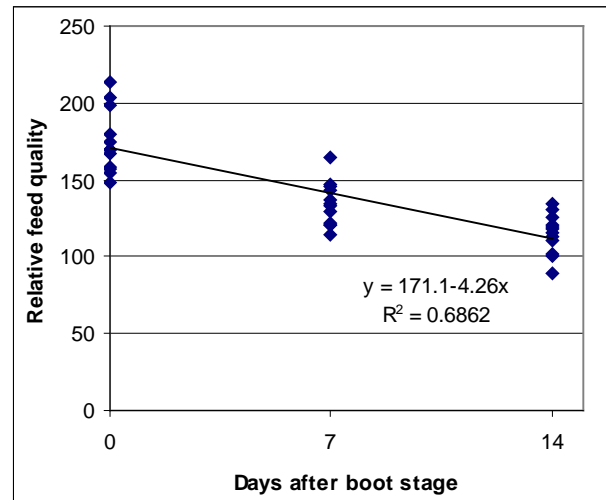
Seeding rates of 90 to 112 lb per acre are needed for maximizing forage yield when rye is planted in a timely fashion. Published recommendations of 60 to 90 pounds are based on rye intended for grain production and will probably result in lower forage yields and insufficient soil cover. Seeding rates beyond 112 lb per acre (2 bushel) may increase yield when rye is planted later than October 10 and will help to increase over-winter soil cover.

**Harvest:** Rye is harvested in boot stage to balance yield and quality, similar to oats. Boot stage is just before seed head emergence when the head can be felt near the top of the leaf whorl within the sheath of the flag leaf. Earlier harvest results in high quality but low tonnage and later harvest results in lower quality. Forage quality declines rapidly with increasing maturity beyond boot stage, 4 to 5 relative forage quality (RFQ) points per day, making timely harvest critical (Figure 3). Also, boot stage is short, lasting only a few days. To optimize both yield and quality, rye

should be harvested on the earlier side of this stage, well before the flag leaf splits and heads begin to show.

Boot stage typically occurs by mid-May in southern Wisconsin, but can vary, depending mostly on growing conditions. This can complicate planning, especially if harvest involves custom operators and may delay planting of the summer crop. This is also a period with high probability for rainfall in Wisconsin, potentially creating a problem with rapid quality decline if harvest is delayed. Practical experience suggests rye should be harvested early if long-term forecast predicts a wet period in the future.

Figure 3.  
Rye forage quality decline with increasing maturity.



Rye at boot stage.

**Fertility:** Rye responds to added nitrogen (N) with increased yield and crude protein. Under Wisconsin conditions, the economically optimal N rate to apply is 40 to 60 lb per acre when using commercial fertilizer. If all of the N will come from manure and/or previous legumes, the economic optimum may be closer to 80 lb of creditable N per acre. The higher rate from these organic sources will also help account for variability in manure application and mineralization of organic N. Nitrogen applications may be reduced if the pre-plant soil nitrate test (PPNT) suggests that elevated levels of residual N exist in the soil. Nitrogen should be applied in early spring before rapid growth begins. Nitrogen rates beyond 80 lb per acre reduce yield for a variety of reasons including lodging.

Additional N is not needed if used only as a cover crop, and may result in excessive residue which may be difficult to manage. Soil phosphorous (P) and potassium (K) should be sufficient on most farms that no additional nutrients are needed to support rye growth.

### Storage and Feeding Aspects

Rye harvested and used as forage has some storage and animal health considerations. Practical experience suggests rye forage can put excessive pressure on silage bags causing failure. The University of Arkansas recommend bags not be overfilled, and closely monitored for tearing, especially along the top of the bag. Reducing packing pressure may reduce the risk of bag failure. Bags should be monitored frequently and tears repaired immediately.

Rye forage can contain high levels of K which may limit its feeding flexibility in dairy rations. Data from the National Research Council (NRC) shows average K levels of 3.34%, greater than most forages including alfalfa. This increases concern about hypocalcemia (milk fever), especially given that its nutritional value is more suited to dry cow rations than lactation diets if harvested on the late side. Care should also be taken because rye is a luxury feeder of K. Many farms have elevated soil test K levels which could lead to excessive K uptake. Wisconsin data has shown forage levels as high as 4.37% when rye was grown on soils exceeding 300 ppm K. Rye forage should be tested so K levels are known and rations adjusted accordingly.

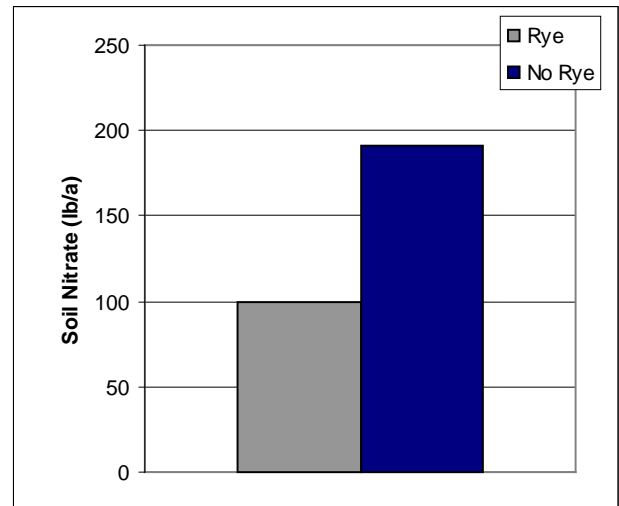
## Farm Nutrient Management

Rye can be an important component in whole-farm nutrient management planning and nutrient cycling. It grows actively, taking up nutrients during the late fall and early spring when significant infiltration and leaching occur. Harvest of rye forage, followed by a subsequent crop significantly increases annual nutrient removal from soil. Nutrient management planning benefits include both N and P, or just N, depending on whether rye is harvested.

### Nitrogen Implications

Rye's ability to reduce the amount of soil nitrate that remains from the previous crop is well documented in eastern and southeastern states where milder winters increase the likelihood of over-winter leaching losses. Even in Wisconsin, where frozen soil prevents leaching for much of the winter, rye can significantly reduce soil nitrate following fall manure application (Figure 4). This benefit occurs even if rye is not harvested and will help protect groundwater quality where heavy manure applications have been made.

Figure 4. Effectiveness of rye reducing soil profile nitrate following fall application of 40 ton/acre dairy manure, measured in spring at rye harvest.



### Phosphorus Implications

Removal of rye forage in spring can also remove significant amounts of P and K (Table 2). Coupled with nutrient removal from the summer crop, annual nutrient removal is significantly increased, which can greatly benefit nutrient management planning. Rye could be used to help draw down soil test P in fields with excessive levels where nutrient applications may otherwise be prohibited under P based planning and regulations. Rye could also be used to maintain current soil test levels under higher rates of nutrient application (i.e. maintain higher application rates by matching application with removal). Although further research is needed, a nutrient management planner can assist in estimating a field's nutrient budget when including rye as forage.

Table 2: Estimated nutrient removal by forage harvest.

Nutrient	lb per ton dry matter
N	52
P <sub>2</sub> O <sub>5</sub>	18
K <sub>2</sub> O	80



## Additional Considerations:

### Herbicide Choice in Corn before Rye

All corn herbicides have a rotation interval before rye can be planted. Rye may be listed specifically, or grouped with "other crops". Many herbicides list rye specifically and require a four month or greater interval from herbicide application to rye planting. Care should be exercised choosing herbicides when planning to follow silage with rye to prevent herbicide related problems.

### Planting Recommendations

**Seed source and variety:** Seed suppliers may not commonly stock winter rye seed so availability should be checked in advance. Certified seed of varieties "Hancock" and "Spoooner" are available in Wisconsin, along with uncertified common seed. All have performed similarly in Wisconsin trials.

**Depth:** Rye should be planted 1 to 1.5" deep, regardless of tillage system. Good soil-seed contact will aid germination and hasten the development of soil cover. Rye is well suited to no-till establishment.

### Manure Application

Planned manure applications following corn silage harvest can be an obstacle to timely rye planting, especially for a daily haul situation. A possible option is to apply manure after the rye is planted and has emerged as a way of avoiding a planting delay. However, this is likely a good choice only if the manure is very liquid (< 10% solids) and if rates are kept at 5,000–7,000 gallons per acre or less. Side-by-side demonstrations have indicated slight yield reductions where semi-solid manure was applied to early-growing rye because seedlings were smothered by bedding or feed refuse in the manure.

### When Not To Harvest

Variations in weather and maturity may make harvest of forage with satisfactory quality challenging in some years. Should delays prevent harvest at boot stage, termination with herbicide should be considered. Conservation and nitrogen scavenging benefits will already have been realized, weed suppression potential improved, and an inventory of lower quality forage prevented.

### How to Kill Rye

Use glyphosate or paraquat at standard burndown rates. Be sure to adjust boom height to insure adequate coverage of the canopy, especially with taller rye.

### Following Crop

Planting corn, soybeans or alfalfa are all options following rye forage harvest. Immediate no-till planting of glyphosate resistant corn or soybeans into the rye stubble can be followed by later glyphosate applications to control rye regrowth as well as other weeds. In most

cases, a single application is adequate. No-till crops should be closely monitored for insect infestation. With tillage-based planting, fairly aggressive tillage, followed by a post-emerge weed management plan is likely required for adequate rye control unless the rye was harvested later than boot stage.

Trials conducted at the Arlington Research Station (ARS) suggest soybeans or alfalfa may be the better options than corn following rye. Overall, corn showed yield reductions when planted with or after rye, while soybean yields were similar across the rye cover crop, forage and no rye scenarios (Tables 3 and 4).

Table 3: Crop yields following rye cover crop vs. no rye, ARS.

Crop	Rye Treated Cover Crop*	No Rye as Control
Soybeans (3 year ave.)	46 bu/acre	45 bu/acre
Alfalfa (2 year ave.)	2.20 ton/acre	2.30 ton/acre
Corn (3 year ave.)	127 bu/acre	140 bu/acre

Table 4: Crop yields following rye cover crop vs. rye harvested as forage, ARS.

Crop	Rye Treated Cover Crop*	Rye Treated as Forage
Soybeans (2004)	46 bu/acre	47 bu/acre
Corn (2004)	145 bu/acre	110 bu/acre

One-year of data (2006) showed alfalfa planted with or following rye harvested as forage yielded less than conventionally seeded alfalfa (Table 5). However, adding in the rye, total forage yield was significantly higher.

Table 5: Alfalfa and rye yields, 2006 Alfalfa establishment trials, ARS.

Alfalfa was seeded:	Alfalfa Yield 2 cuttings	Rye Yield
Early into rye as nurse crop	1.98 ton/ac	1.53 ton/ac
Following rye forage harvest	1.79 ton/ac	1.83 ton/ac
Early w/rye as cover crop only*	2.13 ton/ac	-----
Conventional with no rye	2.32 ton/ac	-----

\*Rye killed with Roundup and not taken as forage

\*\* Note that rye may inhibit establishment of alfalfa.

For more information, contact Kevin Shelley at (800) 994-5853.

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